



Providing self-rescue swimming skills for children ages 6 months to 6 years

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OBJECTIVES

Drowning is the leading cause of death for children ages 1-4. Makos and Mermaids Infant Aquatics provides self-rescue skills for children to help mitigate the risks associated with aquatic accidents. This type of swimming instruction focuses on survival by teaching children to roll onto their back and float in a comfortable position to breathe until help arrives, or they can safely navigate the aquatic environment to reach an exit. Our program equips young children with the skills to save their lives in a water-related emergency.

SOLUTION

We offer specialized swim lessons that run 10 minutes a day 4 days a week that teach infants and toddlers the necessary skills to stay safe in the water. These lessons are conducted by a highly trained and experienced instructor knowledgeable in the physics of swimming and the stages of development and learning to help personalize the experience to each child.

By providing access to these specialized survival swimming lessons and raising awareness about the importance of water safety, we can help ensure young children are equipped with the necessary skills to stay safe in the water.

BENEFITS

1. Swimming in weeks, not years

In 4-6 short weeks, infants will be able to roll back to float, and children who are walking can swim-float-swim.

2. One-on-one instruction

Our program is designed to enhance learning. One-on-one instruction allows the child to have undivided attention to develop their skills.

3. Highly skilled instructor

Our specialists are trained in child development, behavioral techniques, anatomy, and physiology to ensure the most comprehensive swimming program. They are also current in infant and adult CPR and First Aid.

AT A GLANCE

BENEFITS

- Swimming in weeks
- One-on-one private lessons
- A highly skilled instructor

COMMITMENT

- 10 minute lessons / 4 days a week
- 4 - 6 weeks depending on program



JESSICA STIGALL

Certified Infant Aquatics Survival® Specialist

I am extremely passionate about water safety. My mission is to provide this life-saving skill to as many children in our community as possible.